

Results Day 6

CORRECTED

1500m Men

Round 1 Heat 1 (2)/2

11 OCT 2010 / 19:25

Rank	Bib	Name	CGA	Date of Birth	Order	Result
1	1592	MAGUT James Kiplangat	KEN	20 JUL 1990	11	3:40.47 Q SB
2	1889	WIJEKOON Chaminda Indika	SRI	15 SEP 1981	9	3:40.78 Q PB
3	1282	LANCASHIRE Tom	ENG	2 JUL 1985	13	3:40.84 Q
4	1237	BADDELEY Andrew	ENG	20 JUN 1982	5	3:41.25 Q
5	1753	BLINCOE Adrian	NZL	4 NOV 1979	10	3:41.54 q
6	1053	KEALEY Mitchell	AUS	28 JAN 1984	12	3:41.64 q
7	1825	HAY Alastair	SCO	7 SEP 1985	2	3:43.21 q
8	1378	FORDE Cleveland Leon	GUY	3 APR 1985	7	3:44.23 PB
9	1393	CHATHOLI Hamza	IND	1 JAN 1981	3	3:44.72 SB
10	1198	RANKIN Jon Byron	CAY	9 FEB 1982	8	3:46.12
11	1171	MILNE Taylor	CAN	14 SEP 1981	4	3:49.53
12	1662	MOAHMED Shifaz	MDV	17 AUG 1986	14	4:17.39 PB
	1534	PITTER Shawn Anthony	JAM	14 DEC 1983	1	DNF
	1943	IALU Tony	VAN	24 APR 1992	6	DNS

Intermediate times:

400m	57.43	1198	RANKIN Jon Byron (CAY)
800m	1:57.50	1198	RANKIN Jon Byron (CAY)
1200m	2:58.94	1282	LANCASHIRE Tom (ENG)

1500m Men

Round 1 Heat 2 (2)/2

11 OCT 2010 / 19:35

Rank	Bib	Name	CGA	Date of Birth	Order	Result
1	1568	GATHIMBA Gideon Mwangi	KEN	19 MAR 1980	3	3:41.59 Q
2	1579	KIPLAGAT Silas	KEN	20 AUG 1989	14	3:41.67 Q
3	1084	ROFF Jeremy	AUS	22 NOV 1983	5	3:41.86 Q
4	1764	WILLIS Nick	NZL	25 APR 1983	8	3:42.47 Q
5	1967	THIE James	WAL	27 JUN 1978	15	3:42.74 q
6	1468	SANDEEP KARAN Sandeep Karan	IND	5 DEC 1985	6	3:44.55
7	1928	ADAR Jimmy	UGA	1 NOV 1987	1	3:45.98
8	1805	NZIRORERA Joseph	RWA	16 FEB 1988	9	3:48.40 PB
9	1906	SAQWARE Barae Khamis	TAN	30 JAN 1988	10	3:48.82
10	1739	MCILROY James	NIR	30 DEC 1976	11	3:50.13
11	1655	MASTER Chauncy	MAW	2 JUN 1986	7	3:52.43
12	1289	MCCOURT Colin	ENG	11 DEC 1984	4	3:59.68
13	1337	GIBBA Baba	GAM	4 JUN 1994	2	4:06.14
14	1859	DEEN-SESAY Alusine	SLE	12 MAY 1988	12	4:13.19
15	1663	MOHAMED Hameed	MDV	23 JUN 1980	13	4:26.10 SB

Intermediate times:

400m	56.68	1928	ADAR Jimmy (UGA)
800m	2:00.30	1928	ADAR Jimmy (UGA)
1200m	3:00.38	1084	ROFF Jeremy (AUS)

Qualified: First 4 in each heat (Q) and 4 best performers (q) advance to the Final

Results Day 6

CORRECTED

1500m Men

Round 1

11 OCT 2010 / 19:40

Rank	Bib	Name	CGA	Date of Birth	Order	Result
1	1592	MAGUT James Kiplangat	KEN	20 JUL 1990	11	3:40.47 Q SB
2	1889	WIJEKON Chaminda Indika	SRI	15 SEP 1981	9	3:40.78 Q PB
3	1282	LANCASHIRE Tom	ENG	2 JUL 1985	13	3:40.84 Q
4	1237	BADDELEY Andrew	ENG	20 JUN 1982	5	3:41.25 Q
5	1753	BLINCOE Adrian	NZL	4 NOV 1979	10	3:41.54 q
6	1568	GATHIMBA Gideon Mwangi	KEN	19 MAR 1980	3	3:41.59 Q
7	1053	KEALEY Mitchell	AUS	28 JAN 1984	12	3:41.64 q
8	1579	KIPLAGAT Silas	KEN	20 AUG 1989	14	3:41.67 Q
9	1084	ROFF Jeremy	AUS	22 NOV 1983	5	3:41.86 Q
10	1764	WILLIS Nick	NZL	25 APR 1983	8	3:42.47 Q
11	1967	THIE James	WAL	27 JUN 1978	15	3:42.74 q
12	1825	HAY Alastair	SCO	7 SEP 1985	2	3:43.21 q
13	1378	FORDE Cleveland Leon	GUY	3 APR 1985	7	3:44.23 PB
14	1468	SANDEEP KARAN Sandeep Karan	IND	5 DEC 1985	6	3:44.55
15	1393	CHATHOLI Hamza	IND	1 JAN 1981	3	3:44.72 SB
16	1928	ADAR Jimmy	UGA	1 NOV 1987	1	3:45.98
17	1198	RANKIN Jon Byron	CAY	9 FEB 1982	8	3:46.12
18	1805	NZIRORERA Joseph	RWA	16 FEB 1988	9	3:48.40 PB
19	1906	SAQWARE Barae Khamis	TAN	30 JAN 1988	10	3:48.82
20	1171	MILNE Taylor	CAN	14 SEP 1981	4	3:49.53
21	1739	MCILROY James	NIR	30 DEC 1976	11	3:50.13
22	1655	MASTER Chauncy	MAW	2 JUN 1986	7	3:52.43
23	1289	MCCOURT Colin	ENG	11 DEC 1984	4	3:59.68
24	1337	GIBBA Baba	GAM	4 JUN 1994	2	4:06.14
25	1859	DEEN-SESAY Alusine	SLE	12 MAY 1988	12	4:13.19
26	1662	MOAHMED Shifaz	MDV	17 AUG 1986	14	4:17.39 PB
27	1663	MOHAMED Hameed	MDV	23 JUN 1980	13	4:26.10 SB
	1534	PITTER Shawn Anthony	JAM	14 DEC 1983	1	DNF
	1943	IALU Tony	VAN	24 APR 1992	6	DNS

10000m Men

Final

11 OCT 2010 / 20:55

Rank	Bib	Name	CGA	Date of Birth	Order	Result
1	1933	KIPSIRO Moses Ndiema	UGA	2 SEP 1986	3	27:57.39
2	1617	SALEL Daniel Lemashon	KEN	11 DEC 1990	16	27:57.57
3	1559	BIRECH Joseph Kiptoo	KEN	4 JAN 1984	7	27:58.58 PB
4	1597	MBISHEI Titus Kipjumba	KEN	28 OCT 1990	6	28:03.10
5	1901	MARCO Marco Joseph	TAN	12 AUG 1989	10	28:46.83
6	1813	SEBAHIRE Eric	RWA	6 JAN 1985	13	28:47.33 PB
7	1089	ST LAWRENCE Ben	AUS	7 NOV 1981	1	28:49.47
8	1313	THOMPSON Christopher	ENG	17 APR 1981	11	28:50.47
9	1019	BIRMINGHAM Collis	AUS	27 DEC 1984	2	29:35.65
10	1319	VERNON Andy	ENG	7 JAN 1986	4	29:44.91
11	1425	KUMAR Suresh	IND	1 JUL 1991	15	29:49.74
12	1814	SIMUCEKA Jean Baptista	RWA	8 FEB 1980	12	29:59.73
13	1640	MOTSIELOA Ramolefi	LES	20 JAN 1990	8	30:17.82
14	1346	MERRIEN Lee	GGY	26 APR 1979	14	30:18.59
15	1240	BEATTIE John	ENG	20 JAN 1986	5	31:01.67
	1428	KUMAR Sunil	IND	10 OCT 1984	9	DNF

Intermediate times:	1000m	2:49.08	1617	SALEL Daniel Lemashon (KEN)
	2000m	5:38.38	1559	BIRECH Joseph Kiptoo (KEN)
	3000m	8:23.64	1597	MBISHEI Titus Kipjumba (KEN)
	4000m	11:12.18	1617	SALEL Daniel Lemashon (KEN)
	5000m	14:03.60	1019	BIRMINGHAM Collis (AUS)
	6000m	16:50.06	1597	MBISHEI Titus Kipjumba (KEN)
	7000m	19:39.39	1597	MBISHEI Titus Kipjumba (KEN)
	8000m	22:30.34	1597	MBISHEI Titus Kipjumba (KEN)
	9000m	25:21.31	1597	MBISHEI Titus Kipjumba (KEN)

Results Day 6

CORRECTED

3000m Steeplechase Men

Final 11 OCT 2010 / 19:00

Rank	Bib	Name	CGA	Date of Birth	Order	Result
1	1595	MATEELONG Richard Kipkemboi	KEN	14 OCT 1983	6	8:16.39
2	1564	CHEBOI Ezekiel Kemboi	KEN	25 MAY 1982	1	8:18.47
3	1581	KIPRUTO Brimin Kiprop	KEN	31 JUL 1985	9	8:19.65
4	1932	KIPLAGAT Benjamin	UGA	4 MAR 1989	2	8:24.15
5	1312	STOKES Stuart Bradley	ENG	5 DEC 1976	12	8:32.24 SB
6	1014	ABDI Youcef	AUS	7 DEC 1977	4	8:33.20
7	1265	GUNN Luke	ENG	22 MAR 1985	8	8:40.44
8	1939	SIWA Ben	UGA	27 MAY 1989	5	8:42.44
9	1480	SINGH Elam Singh	IND	21 FEB 1982	10	8:44.35
10	1462	RAMADAS Ramachandran	IND	7 FEB 1986	7	8:57.63
	1785	YAO Sapolai	PNG	15 SEP 1982	11	DQ R 169.7a
	1802	GERVAIS Hakizimana	RWA	12 APR 1981	3	DNS

Intermediate times: 1000m 2:51.32 1939 SIWA Ben (UGA)
2000m 5:43.06 1595 MATEELONG Richard Kipkemboi (KEN)

Pole Vault Men

Final 11 OCT 2010 / 17:30

Rank	Bib	Name	CGA	Date of Birth	Order	Result
1	1049	HOOKER Steve	AUS	16 JUL 1982	8	5.60
2	1284	LEWIS Steven	ENG	20 MAY 1986	4	5.60 SB
3	1258	EAVES Max	ENG	31 MAY 1988	2	5.40 PB
4	1793	RAHME Cheyne Damon	RSA	23 JAN 1991	13	5.25
5	1225	STYLIANOU Nikandros	CYP	22 AUG 1989	1	5.25
5	1969	WALKER Paul	WAL	15 AUG 1985	6	5.25 SB
7	1187	WURSTER Jason	CAN	23 SEP 1984	12	5.25
8	1833	STRANGE Alasdair Ross	SCO	5 APR 1983	3	4.95
9	1400	GAJANAN Upadhyay	IND	2 NOV 1982	5	4.80
	1251	CUTTS Luke Arron	ENG	13 FEB 1988	7	NM
	1521	ENNIS Jabbari Tadesse	JAM	6 NOV 1980	11	NM
	1826	HURREN Richard	SCO	24 SEP 1983	10	NM
	1449	NATARAJAN Vadivelu	IND	10 JUN 1987	9	NM

		4.80	4.95	5.10	5.25	5.40	5.50	5.60	5.70
1	1049	HOOKER Steve	-	-	-	-	o	o	x-
2	1284	LEWIS Steven	-	-	xo	o	xxo	o	xxx
3	1258	EAVES Max	-	-	xo	o	xxx	o	xxx
4	1793	RAHME Cheyne Damon	-	-	o	o	xxx	o	xxx
5	1225	STYLIANOU N	-	-	xo	o	xxx	o	xxx
5	1969	WALKER Paul	-	-	xo	o	xxx	o	xxx
7	1187	WURSTER Jason	-	-	-	xo	xxx	o	xxx
8	1833	STRANGE A	xo	o	xxx	-	-	-	-
9	1400	GAJANAN Upadhyay	o	xxx	-	-	-	-	-
	1251	CUTTS Luke Arron	-	-	-	xxx	-	-	-
	1521	ENNIS J	xxx	-	-	-	-	-	-
	1826	HURREN Richard	xxx	-	-	-	-	-	-
	1449	NATARAJAN Vadivelu	xxx	-	-	-	-	-	-

Results Day 6

CORRECTED

4x100m Relay Men

Round 1 Heat 1 (3)/3

11 OCT 2010 / 20:05

Rank	CGA	CGA	Lane	Reaction time	Result
1	IND	India	8	0.184	39.00 Q NR
			1 - MOLLA Rahamatulla (30 MAR 1987)	2 - SATHYA Suresh (7 SEP 1987)	
			3 - NASEEMA MANZILE S (20 OCT 1983)	4 - QURESHI M (26 FEB 1988)	
2	TRI	Trinidad & Tobago	2	0.191	39.47 Q
			1 - STUART Shaun (1 JUL 1986)	2 - DUNCAN Marcus John (14 DEC 1986)	
			3 - CALLENDER Emmanuel (10 MAY 1984)	4 - ARMSTRONG Aaron (14 OCT 1977)	
3	GHA	Ghana	3	0.222	39.81
			1 - KPEGBAH Nathan (9 APR 1983)	2 - LARYEA-AKRONG A (27 MAY 1983)	
			3 - APPIAH KUBI E (16 OCT 1989)	4 - ZAKARI Aziz (9 FEB 1976)	
4	MRI	Mauritius	6	0.187	40.21
			1 - ONDIMBA BONGO A (15 MAR 1988)	2 - MILAZAR Jean Eric (1 JUN 1975)	
			3 - COIFFIC L (25 AUG 1984)	4 - BRASSE J (21 AUG 1991)	
5	TCA	Turks and Caicos Islands	7	0.266	41.99
			1 - COX Roshand Rasal (23 JAN 1990)	2 - HARVEY R (22 OCT 1982)	
			3 - WILLIAMS D (23 DEC 1993)	4 - FORBES D (3 MAY 1984)	
6	VAN	Vanuatu	5	0.228	43.52
			1 - KAMUT Moses (7 JUL 1982)	2 - BENJIMIN David (24 OCT 1977)	
			3 - SORINA Arnold (1 JUN 1988)	4 - NISSAP Emile (10 OCT 1990)	
	NGR	Nigeria	4	0.241	DQ R 170.14
			1 - EMELEZIE Peter (19 APR 1988)	2 - GBAGBEKE Stanley (29 JUL 1989)	
			3 - ADUKWU Benjamin (23 NOV 1989)	4 - OGHOGHENE Egwero (26 NOV 1988)	

4x100m Relay Men

Round 1 Heat 2 (3)/3

11 OCT 2010 / 20:15

Rank	CGA	CGA	Lane	Reaction time	Result
1	BAH	Bahamas	4	0.196	39.33 Q
			1 - ROLLE Jamial (16 AUG 1980)	2 - GRIFFITH Adrian (11 NOV 1984)	
			3 - MCKENZIE Brunell (2 MAY 1974)	4 - GREEN Rodney (8 DEC 1985)	
2	AUS	Australia	7	0.196	39.53 Q
			1 - JOHNSON Patrick (26 SEP 1972)	2 - DAVIES Matt (18 APR 1985)	
			3 - ROUGE-SERRET Aaron (28 JAN 1988)	4 - NTIAMOAH Isaac (27 OCT 1982)	
3	SIN	Singapore	5	0.168	40.14
			1 - YEO Foo Ee Gary (30 AUG 1986)	2 - BIB MUSTAPA M (4 NOV 1987)	
			3 - BIN JAMAL M (3 MAR 1987)	4 - KANG L (16 APR 1990)	
4	NIU	Niue	6	0.193	44.85
			1 - NIUIA-TOFA X (30 OCT 1993)	2 - TUPULIU Suitulaga (1 FEB 1993)	
			3 - TAHAMAKA KAPAGA P (6 JAN 1994)	4 - WALLBRIDGE-PAEA B (11 SEP 1981)	
	GAM	The Gambia	8	0.245	DNF
			1 - CAMARA Lamin (11 NOV 1992)	2 - ASSIM Abdoulie (5 DEC 1992)	
			3 - GIBBA Ousman (18 DEC 1993)	4 - SANNEH Suwaibou (10 MAR 1990)	
	CAY	Cayman Islands	3	0.185	DQ R 170.14
			1 - MORGAN Carl Ernest (25 AUG 1986)	2 - MORGAN C (25 AUG 1986)	
			3 - HAMIL D (16 JUN 1983)	4 - FORBES R (5 APR 1985)	

Results Day 6

CORRECTED

**4x100m Relay Men
Round 1 Heat 3 (3)/3**

11 OCT 2010 / 20:25

Rank	CGA	CGA	Lane	Reaction time	Result
1	CAN	Canada	6	0.162	38.45 Q
			1 - PALMER Hank (16 MAR 1985)	2 - SMITH Seyi (21 FEB 1987)	
			3 - CONNAUGHTON J (20 JUL 1985)	4 - EFFAH Sam (29 DEC 1988)	
2	ENG	England	2	0.159	38.67 Q
			1 - SCOTT Ryan (20 FEB 1987)	2 - BAPTISTE L (23 MAY 1985)	
			3 - DEVONISH Marlon (1 JUN 1976)	4 - LEWIS-FRANCIS M (4 SEP 1982)	
3	JAM	Jamaica	3	0.168	39.00 q
			1 - CLARKE L (12 JUN 1981)	2 - ROSE Remaldo (18 NOV 1987)	
			3 - SLOWLY Steve (18 APR 1979)	4 - DWYER Rasheed (29 JAN 1989)	
4	KEN	Kenya	4	0.167	39.60 q
			1 - KIMARU S (29 MAR 1985)	2 - MUTEGI A (5 JAN 1987)	
			3 - BARASA S (14 MAY 1985)	4 - SOY Kipkemoi (30 DEC 1984)	
5	SOL	Solomon Islands	7	0.265	44.04
			1 - ALFRED Adison (9 JUN 1990)	2 - MANIORU Francis (17 SEP 1981)	
			3 - WALASI Chris Meke (18 MAY 1980)	4 - IROGA Jack (29 SEP 1986)	
6	SLE	Sierra Leone	5	0.173	44.11
			1 - SESAY Bockarie (1 JAN 1991)	2 - VANDY Thomas (29 APR 1989)	
			3 - TURAY Ibrahim (4 SEP 1993)	4 - SANDY Musa Allieu (18 SEP 1991)	

Qualified: First 2 in each heat (Q) and 2 best performers (q) advance to the Final

Results Day 6

CORRECTED

4x100m Relay Men

Round 1

11 OCT 2010 / 20:30

Rank	CGA	CGA	Lane		Result
1	CAN	Canada	1 - PALMER Hank (16 MAR 1985) 3 - CONNAUGHTON J (20 JUL 1985)	2 - SMITH Seyi (21 FEB 1987) 4 - EFFAH Sam (29 DEC 1988)	38.45 Q
2	ENG	England	1 - SCOTT Ryan (20 FEB 1987) 3 - DEVONISH Marlon (1 JUN 1976)	2 - BAPTISTE L (23 MAY 1985) 4 - LEWIS-FRANCIS M (4 SEP 1982)	38.67 Q
3	IND	India	1 - MOLLA Rahamatulla (30 MAR 1987) 3 - NASEEMA MANZILE S (20 OCT 1983)	2 - SATHYA Suresh (7 SEP 1987) 4 - QURESHI M (26 FEB 1988)	39.00 Q NR
3	JAM	Jamaica	1 - CLARKE L (12 JUN 1981) 3 - SLOWLY Steve (18 APR 1979)	2 - ROSE Remaldo (18 NOV 1987) 4 - DWYER Rasheed (29 JAN 1989)	39.00 q
5	BAH	Bahamas	1 - ROLLE Jamial (16 AUG 1980) 3 - MCKENZIE Brunell (2 MAY 1974)	2 - GRIFFITH Adrian (11 NOV 1984) 4 - GREEN Rodney (8 DEC 1985)	39.33 Q
6	TRI	Trinidad & Tobago	1 - STUART Shaun (1 JUL 1986) 3 - CALLENDER Emmanuel (10 MAY 1984)	2 - DUNCAN Marcus John (14 DEC 1986) 4 - ARMSTRONG Aaron (14 OCT 1977)	39.47 Q
7	AUS	Australia	1 - JOHNSON Patrick (26 SEP 1972) 3 - ROUGE-SERRET Aaron (28 JAN 1988)	2 - DAVIES Matt (18 APR 1985) 4 - NTIAMOAH Isaac (27 OCT 1982)	39.53 Q
8	KEN	Kenya	1 - KIMARU S (29 MAR 1985) 3 - BARASA S (14 MAY 1985)	2 - MUTEGI A (5 JAN 1987) 4 - SOY Kipkemoi (30 DEC 1984)	39.60 q
9	GHA	Ghana	1 - KPEGBAH Nathan (9 APR 1983) 3 - APPIAH KUBI E (16 OCT 1989)	2 - LARYEA-AKRONG A (27 MAY 1983) 4 - ZAKARI Aziz (9 FEB 1976)	39.81
10	SIN	Singapore	1 - YEO Foo Ee Gary (30 AUG 1986) 3 - BIN JAMAL M (3 MAR 1987)	2 - BIB MUSTAPA M (4 NOV 1987) 4 - KANG L (16 APR 1990)	40.14
11	MRI	Mauritius	1 - ONDIMBA BONGO A (15 MAR 1988) 3 - COIFFIC L (25 AUG 1984)	2 - MILAZAR Jean Eric (1 JUN 1975) 4 - BRASSE J (21 AUG 1991)	40.21
12	TCA	Turks and Caicos Islands	1 - COX Roshand Rasal (23 JAN 1990) 3 - WILLIAMS D (23 DEC 1993)	2 - HARVEY R (22 OCT 1982) 4 - FORBES D (3 MAY 1984)	41.99
13	VAN	Vanuatu	1 - KAMUT Moses (7 JUL 1982) 3 - SORINA Arnold (1 JUN 1988)	2 - BENJIMIN David (24 OCT 1977) 4 - NISSAP Emile (10 OCT 1990)	43.52
14	SOL	Solomon Islands	1 - ALFRED Adison (9 JUN 1990) 3 - WALASI Chris Meke (18 MAY 1980)	2 - MANIORU Francis (17 SEP 1981) 4 - IROGA Jack (29 SEP 1986)	44.04
15	SLE	Sierra Leone	1 - SESAY Bockarie (1 JAN 1991) 3 - TURAY Ibrahim (4 SEP 1993)	2 - VANDY Thomas (29 APR 1989) 4 - SANDY Musa Alieu (18 SEP 1991)	44.11
16	NIU	Niue	1 - NIUIA-TOFA X (30 OCT 1993) 3 - TAHAMAKA KAPAGA P (6 JAN 1994)	2 - TUPUILIU Suitulaga (1 FEB 1993) 4 - WALLBRIDGE-PAEA B (11 SEP 1981)	44.85
	GAM	The Gambia	1 - CAMARA Lamin (11 NOV 1992) 3 - GIBBA Ousman (18 DEC 1993)	2 - ASSIM Abdoulie (5 DEC 1992) 4 - SANNEH Suwaibou (10 MAR 1990)	DNF
	CAY	Cayman Islands	1 - MORGAN Carl Ernest (25 AUG 1986) 3 - HAMIL D (16 JUN 1983)	2 - MORGAN C (25 AUG 1986) 4 - FORBES R (5 APR 1985)	DQ R 170.14
	NGR	Nigeria	1 - EMELEZIE Peter (19 APR 1988) 3 - ADUKWU Benjamin (23 NOV 1989)	2 - GBAGBEKE Stanley (29 JUL 1989) 4 - OGHOGHENE Egwero (26 NOV 1988)	DQ R 170.14

Results Day 6

CORRECTED

4x400m Relay Men

Round 1 Heat 1 (2)/2

11 OCT 2010 / 18:05

Rank	CGA	CGA	Lane	Reaction time	Result
1	KEN	Kenya	5	0.192	3:03.66 Q
			1 - KOSKEI V (11 NOV 1985)	2 - KILO Vincent Mumo (3 AUG 1982)	
			3 - MUTTAI M (23 MAR 1978)	4 - MUTEGI A (5 JAN 1987)	
2	ENG	England	6	0.205	3:05.34 Q
			1 - LEAVEY Nick (27 AUG 1986)	2 - HUGHES David (31 MAY 1984)	
			3 - YATES R (26 JAN 1986)	4 - HEDMAN Graham (6 FEB 1979)	
3	BOT	Botswana	8	0.196	3:05.40 Q
			1 - MAKWALA Isaac (29 SEP 1986)	2 - MASHETO G (1 NOV 1984)	
			3 - MASAKE Tiroyaone (13 DEC 1987)	4 - KAMBERUKA Sakarea (28 FEB 1987)	
4	IND	India	7	0.191	3:06.30 q
			1 - PUTHANPURAKKAL K (5 MAR 1987)	2 - MATHEW Bibin (16 JAN 1987)	
			3 - JAYAKUMAR P (31 DEC 1986)	4 - SHAKE Mortaja (30 JAN 1981)	
5	GGY	Guernsey	4	0.199	3:14.51
			1 - GARLAND Dale (13 OCT 1980)	2 - DRUCE Tom (18 NOV 1986)	
			3 - ROBINSON Hywel (6 SEP 1990)	4 - BAILEY Matthew (23 OCT 1980)	
6	MRI	Mauritius	2	0.182	3:15.78
			1 - VIEILLESSE J (24 JAN 1986)	2 - DEGRACE J (3 FEB 1985)	
			3 - AUGUSTIN J (25 APR 1980)	4 - MILAZAR Jean Eric (1 JUN 1975)	
7	VAN	Vanuatu	3	0.291	3:20.79
			1 - SORINA Arnold (1 JUN 1988)	2 - KAMUT Moses (7 JUL 1982)	
			3 - BENJIMIN David (24 OCT 1977)	4 - IALU Tony (24 APR 1992)	

4x400m Relay Men

Round 1 Heat 2 (2)/2

11 OCT 2010 / 18:15

Rank	CGA	CGA	Lane	Reaction time	Result
1	BAH	Bahamas	3	0.189	3:05.44 Q
			1 - PICKSTOCK La'Sean (4 AUG 1989)	2 - BAIN Andretti (1 DEC 1985)	
			3 - MOSS Jamal (13 NOV 1986)	4 - MILLER Ramon (17 FEB 1987)	
2	AUS	Australia	7	0.220	3:06.01 Q
			1 - MOORE Kevin (29 JUL 1990)	2 - OFFEREINS Ben (12 MAR 1986)	
			3 - COLE Brendan (29 MAY 1981)	4 - WROE Sean (18 MAR 1985)	
3	WAL	Wales	6	0.214	3:06.31 Q
			1 - WILLIAMS Rhys (27 FEB 1984)	2 - THOMAS Joe (29 JAN 1988)	
			3 - GOWELL Chris (29 SEP 1985)	4 - WARBURTON Gareth (23 APR 1983)	
4	JAM	Jamaica	2	0.158	3:06.65 q
			1 - THOMPSON Oral (11 DEC 1982)	2 - ROBERTSON Josef (15 MAY 1987)	
			3 - CUNNINGHAM R (4 OCT 1982)	4 - FINDLAY Adrian (1 OCT 1982)	
5	SRI	Sri Lanka	8	0.183	3:08.77
			1 - AMARASEKARA P (21 MAR 1981)	2 - WICKRAMASINGHE U (8 APR 1988)	
			3 - KARUNARATHNA Nalin (23 FEB 1989)	4 - KANKANAMLAGE K (1 NOV 1989)	
6	SLE	Sierra Leone	4	0.213	3:23.68
			1 - VANDY Thomas (29 APR 1989)	2 - KAMARA Amara (12 AUG 1979)	
			3 - TURAY Ibrahim (4 SEP 1993)	4 - SESAY Bockarie (1 JAN 1991)	
	NGR	Nigeria	5		DNS
			1 - ()	2 - ()	
			3 - ()	4 - ()	

Qualified: First 3 in each heat (Q) and 2 best performers (q) advance to the Final

Results Day 6

CORRECTED

4x400m Relay Men

Round 1

11 OCT 2010 / 18:30

Rank	CGA	CGA	Lane		Result
1	KEN	Kenya	1 - KOSKEI V (11 NOV 1985) 3 - MUTTAI M (23 MAR 1978)	2 - KILO Vincent Mumo (3 AUG 1982) 4 - MUTEGI A (5 JAN 1987)	3:03.66 Q
2	ENG	England	1 - LEAVEY Nick (27 AUG 1986) 3 - YATES R (26 JAN 1986)	2 - HUGHES David (31 MAY 1984) 4 - HEDMAN Graham (6 FEB 1979)	3:05.34 Q
3	BOT	Botswana	1 - MAKWALA Isaac (29 SEP 1986) 3 - MASAKE Tiroyaone (13 DEC 1987)	2 - MASHETO G (1 NOV 1984) 4 - KAMBERUKA Sakarea (28 FEB 1987)	3:05.40 Q
4	BAH	Bahamas	1 - PICKSTOCK La'Sean (4 AUG 1989) 3 - MOSS Jamal (13 NOV 1986)	2 - BAIN Andretti (1 DEC 1985) 4 - MILLER Ramon (17 FEB 1987)	3:05.44 Q
5	AUS	Australia	1 - MOORE Kevin (29 JUL 1990) 3 - COLE Brendan (29 MAY 1981)	2 - OFFEREINS Ben (12 MAR 1986) 4 - WROE Sean (18 MAR 1985)	3:06.01 Q
6	IND	India	1 - PUTHANPURAKKAL K (5 MAR 1987) 3 - JAYAKUMAR P (31 DEC 1986)	2 - MATHEW Bibin (16 JAN 1987) 4 - SHAKE Mortaja (30 JAN 1981)	3:06.30 q
7	WAL	Wales	1 - WILLIAMS Rhys (27 FEB 1984) 3 - GOWELL Chris (29 SEP 1985)	2 - THOMAS Joe (29 JAN 1988) 4 - WARBURTON Gareth (23 APR 1983)	3:06.31 Q
8	JAM	Jamaica	1 - THOMPSON Oral (11 DEC 1982) 3 - CUNNINGHAM R (4 OCT 1982)	2 - ROBERTSON Josef (15 MAY 1987) 4 - FINDLAY Adrian (1 OCT 1982)	3:06.65 q
9	SRI	Sri Lanka	1 - AMARASEKARA P (21 MAR 1981) 3 - KARUNARATHNA Nalin (23 FEB 1989)	2 - WICKRAMASINGHE U (8 APR 1988) 4 - KANKANAMLAGE K (1 NOV 1989)	3:08.77
10	GGY	Guernsey	1 - GARLAND Dale (13 OCT 1980) 3 - ROBINSON Hywel (6 SEP 1990)	2 - DRUCE Tom (18 NOV 1986) 4 - BAILEY Matthew (23 OCT 1980)	3:14.51
11	MRI	Mauritius	1 - VIEILLESSE J (24 JAN 1986) 3 - AUGUSTIN J (25 APR 1980)	2 - DEGRACE J (3 FEB 1985) 4 - MILAZAR Jean Eric (1 JUN 1975)	3:15.78
12	VAN	Vanuatu	1 - SORINA Arnold (1 JUN 1988) 3 - BENJIMIN David (24 OCT 1977)	2 - KAMUT Moses (7 JUL 1982) 4 - IALU Tony (24 APR 1992)	3:20.79
13	SLE	Sierra Leone	1 - VANDY Thomas (29 APR 1989) 3 - TURAY Ibrahim (4 SEP 1993)	2 - KAMARA Amara (12 AUG 1979) 4 - SESAY Bockarie (1 JAN 1991)	3:23.68
	NGR	Nigeria	1 - () 3 - ()	2 - () 4 - ()	DNS

200m Women

Final

11 OCT 2010 / 17:50

Wind: +0.8 m/s

Rank	Bib	Name	CGA	Date of Birth	Lane	Reaction time	Result
1	1197	MOTHERSILL Cydonie Camile	CAY	19 MAR 1978	6	0.267	22.89
2	1296	OYEPITAN Abiodun	ENG	30 DEC 1979	4	0.155	23.26 SB
3	1177	POWER Adrienne	CAN	11 DEC 1981	8	0.195	23.52
4	1287	MADUAKA Joice	ENG	30 SEP 1973	5	0.169	23.57
5	1827	MCCONNELL Lee	SCO	9 OCT 1978	7	0.255	23.68
6	1763	WILLIAMS Monique	NZL	23 SEP 1985	9	0.231	23.71
7	1784	WISIL Toea	PNG	1 JAN 1988	3	0.169	23.84
8	1961	O'NEILL Elaine	WAL	20 AUG 1989	2	0.162	23.88

Results Day 6

CORRECTED

800m Women

Final 11 OCT 2010 / 19:45

Rank	Bib	Name	CGA	Date of Birth	Lane	Result
1	1590	LAN'GAT Nancy Jebet	KEN	22 AUG 1981	5	2:00.01
2	1756	HAMBLIN Nikki	NZL	20 MAY 1988	4	2:00.05
3	1157	CUMMINS Diane	CAN	19 JAN 1974	8	2:00.13
4	1276	JACKSON Emma	ENG	7 JUN 1988	7	2:00.46 PB
5	1261	ENGLAND Hannah	ENG	6 MAR 1987	2	2:00.47 SB
6	1432	LUKA Tintu	IND	26 APR 1989	6	2:01.25
7	1563	CHEBET Winny	KEN	20 DEC 1990	3	2:11.58
	1585	KOECH Cheronno	KEN	8 DEC 1992	9	DQ R 163.3

Intermediate times: 400m 57.49 1432 LUKA Tintu (IND)
600m 1:27.52 1590 LAN'GAT Nancy Jebet (KEN)

100m Hurdles Women

Final 11 OCT 2010 / 17:35

Wind: +0.9 m/s

Rank	Bib	Name	CGA	Date of Birth	Lane	Reaction time	Result
1	1080	PEARSON Sally	AUS	19 SEP 1986	7	0.153	12.67
2	1185	WHYTE Angela	CAN	22 MAY 1980	4	0.140	12.98 SB
3	1760	MILLER Andrea	NZL	13 MAR 1982	8	0.204	13.25 SB
4	1512	BLISS Andrea Antoinette	JAM	10 MAY 1980	6	0.149	13.28
5	1917	BARBER Aleesha	TRI	16 MAY 1987	5	0.177	13.28
6	1696	ADIGUN Moriam Seun	NGR	3 JAN 1987	3	0.161	13.66
7	1404	GOVINDARAJ Gayathry	IND	27 APR 1991	9	0.198	13.95
	1213	ARACHOVITI Dimitra	CYP	18 JUL 1987	2	0.176	DQ R 168.7

Discus Women

Final 11 OCT 2010 / 17:45

Rank	Bib	Name	CGA	Date of Birth	Order	Result
1	1458	POONIA Krishna	IND	5 MAY 1982	6	61.51
2	1413	KAUR Harwant	IND	5 JUL 1980	10	60.16
3	1386	ANTIL Seema	IND	27 JUL 1983	1	58.46
4	1966	ROLES Philippa	WAL	1 MAR 1978	5	57.99
5	1755	FAUMUINA Beatrice	NZL	23 OCT 1974	9	57.79
6	1292	NICHOLLS Jade	ENG	30 MAR 1987	3	57.62
7	1791	NAUDE Elizna	RSA	14 SEP 1978	4	57.61
8	1229	ALFRED Melissa	DMA	27 SEP 1990	2	42.09 PB
	1555	ROTHWELL Kathryn	JEY	20 FEB 1993	7	NM
	1816	SATUPAI Tasele Margaret Iva	SAM	9 JUL 1992	8	DNS

		1	2	3	4	5	6
1	1458	POONIA Krishna	61.51	x	58.80	x	58.27
2	1413	KAUR Harwant	58.59	57.21	60.16	57.98	58.38
3	1386	ANTIL Seema	55.25	58.46	x	56.07	57.94
4	1966	ROLES Philippa	57.99	x	56.15	56.59	56.01
5	1755	FAUMUINA Beatrice	56.15	x	55.31	57.79	54.83
6	1292	NICHOLLS Jade	54.79	57.62	56.42	x	x
7	1791	NAUDE Elizna	53.17	55.06	x	55.91	57.61
8	1229	ALFRED Melissa	42.09	x	38.66	x	x
	1555	ROTHWELL Kathryn	x	x	x		
	1816	SATUPAI T					

Results Day 6

CORRECTED

4x400m Relay Women

Round 1 Heat 1 (2)/2

11 OCT 2010 / 18:30

Rank	CGA	CGA	Lane	Reaction time	Result
1	IND	India	4		3:32.52 Q
			1 - MURMU Jauna (16 AUG 1990)	2 - JOSE Sini (25 MAY 1987)	
			3 - KULATHUMMURIYIL SO (10 JUL 1983)	4 - AKKUNJI A (7 OCT 1987)	
2	AUS	Australia	7	0.246	3:33.07 Q
			1 - STEINERT Pirreee (20 FEB 1985)	2 - BODEN Lauren (3 AUG 1988)	
			3 - TAURO Olivia (11 JUN 1990)	4 - HENRY Jody (1 APR 1985)	
3	CAN	Canada	6	0.177	3:33.42 Q
			1 - NELSON Amonn (23 DEC 1988)	2 - ABDULAI Ruky (8 AUG 1985)	
			3 - TOLTON Vicki (16 NOV 1987)	4 - MUIR Carline (1 NOV 1987)	
4	KEN	Kenya	3	0.334	3:39.96 q
			1 - WASIKE Florence (20 MAR 1979)	2 - MUSIKO C (14 SEP 1986)	
			3 - MAIYO M (28 MAY 1985)	4 - KIDAKE G (9 FEB 1985)	
5	NIR	Northern Ireland	5	0.178	3:40.92
			1 - MILLS Joanna (23 JAN 1993)	2 - MCMAHON Christine (6 JUL 1992)	
			3 - KIRK Katie (5 NOV 1993)	4 - PATTERSON Jo (27 JUL 1988)	
	NGR	Nigeria	8	0.367	DQ
			1 - ABOGUNLOKO B (18 AUG 1994)	2 - ETIM Magaret (28 NOV 1992)	
			3 - EHIGIE Josephine (1 DEC 1985)	4 - ABUGAN Folashade (17 DEC 1990)	

4x400m Relay Women

Round 1 Heat 2 (2)/2

11 OCT 2010 / 18:40

Rank	CGA	CGA	Lane	Reaction time	Result
1	BOT	Botswana	6	0.194	3:36.01 Q
			1 - MUSHILA Lydia (22 JUN 1990)	2 - SEFO Kgalalelo (3 MAR 1987)	
			3 - BABOLAI Oarabile (8 MAR 1983)	4 - MONTSHO Amantle (4 JUL 1983)	
2	ENG	England	7	0.185	3:36.68 Q
			1 - MASSEY Kelly (11 JAN 1985)	2 - MADUAKA Joice (30 SEP 1973)	
			3 - OKYERE Nadine (29 NOV 1986)	4 - BARR Victoria (14 APR 1982)	
3	SCO	Scotland	5	0.210	3:36.93 Q
			1 - NICOL Gemma (27 JUL 1986)	2 - EVANS Kathryn (1 MAR 1984)	
			3 - GIBSON Claire (25 DEC 1982)	4 - CHILD Eilidh (20 FEB 1987)	
4	UGA	Uganda	8	0.198	3:39.30 q
			1 - BAYIGGA Justine (15 JAN 1979)	2 - ACHOLA Janet (26 JUN 1988)	
			3 - NEGESA Annet (24 APR 1992)	4 - NANZIRI Emily (25 NOV 1987)	
5	PNG	Papua New Guinea	2	0.249	3:40.40
			1 - BURUA Betty (24 NOV 1986)	2 - DELL Salome (21 MAR 1983)	
			3 - PHILEMON Helen (28 AUG 1980)	4 - WISIL Toea (1 JAN 1988)	
6	JAM	Jamaica	4	0.272	3:42.31
			1 - PRENDAGAST D (16 DEC 1984)	2 - CUNNINGHAM Nadia (25 MAY 1978)	
			3 - BARNETT Tanice (4 MAY 1982)	4 - BLAKE Dominique (15 FEB 1987)	
	SLE	Sierra Leone	3		DNS
			1 - ()	2 - ()	
			3 - ()	4 - ()	

Qualified: First 3 in each heat (Q) and 2 best performers (q) advance to the Final

Results Day 6

CORRECTED

4x400m Relay Women

Round 1

11 OCT 2010 / 18:45

Rank	CGA	CGA	Lane		Result
1	IND	India	4		3:32.52 Q
			1 - MURMU Jauna (16 AUG 1990)	2 - JOSE Sini (25 MAY 1987)	
			3 - KULATHUMMURIYIL SO (10 JUL 1983)	4 - AKKUNJI A (7 OCT 1987)	
2	AUS	Australia	7		3:33.07 Q
			1 - STEINERT Pirreee (20 FEB 1985)	2 - BODEN Lauren (3 AUG 1988)	
			3 - TAUROI Olivia (11 JUN 1990)	4 - HENRY Jody (1 APR 1985)	
3	CAN	Canada	6		3:33.42 Q
			1 - NELSON Amonn (23 DEC 1988)	2 - ABDULAI Ruky (8 AUG 1985)	
			3 - TOLTON Vicki (16 NOV 1987)	4 - MUIR Carline (1 NOV 1987)	
4	BOT	Botswana	6		3:36.01 Q
			1 - MUSHILA Lydia (22 JUN 1990)	2 - SEFO Kgalalelo (3 MAR 1987)	
			3 - BABOLAI Oarabile (8 MAR 1983)	4 - MONTSHO Amantle (4 JUL 1983)	
5	ENG	England	7		3:36.68 Q
			1 - MASSEY Kelly (11 JAN 1985)	2 - MADUAKA Joice (30 SEP 1973)	
			3 - OKYERE Nadine (29 NOV 1986)	4 - BARR Victoria (14 APR 1982)	
6	SCO	Scotland	5		3:36.93 Q
			1 - NICOL Gemma (27 JUL 1986)	2 - EVANS Kathryn (1 MAR 1984)	
			3 - GIBSON Claire (25 DEC 1982)	4 - CHILD Eilidh (20 FEB 1987)	
7	UGA	Uganda	8		3:39.30 q
			1 - BAYIGGA Justine (15 JAN 1979)	2 - ACHOLA Janet (26 JUN 1988)	
			3 - NEGESA Annet (24 APR 1992)	4 - NANZIRI Emilly (25 NOV 1987)	
8	KEN	Kenya	3		3:39.96 q
			1 - WASIKE Florence (20 MAR 1979)	2 - MUSIKO C (14 SEP 1986)	
			3 - MAIYO M (28 MAY 1985)	4 - KIDAKE G (9 FEB 1985)	
9	PNG	Papua New Guinea	2		3:40.40
			1 - BURUA Betty (24 NOV 1986)	2 - DELL Salome (21 MAR 1983)	
			3 - PHILEMON Helen (28 AUG 1980)	4 - WISIL Toea (1 JAN 1988)	
10	NIR	Northern Ireland	5		3:40.92
			1 - MILLS Joanna (23 JAN 1993)	2 - MCMAHON Christine (6 JUL 1992)	
			3 - KIRK Katie (5 NOV 1993)	4 - PATTERSON Jo (27 JUL 1988)	
11	JAM	Jamaica	4		3:42.31
			1 - PRENDAGAST D (16 DEC 1984)	2 - CUNNINGHAM Nadia (25 MAY 1978)	
			3 - BARNETT Tanice (4 MAY 1982)	4 - BLAKE Dominique (15 FEB 1987)	
	NGR	Nigeria	8		DQ
			1 - ABOGUNLOKO B (18 AUG 1994)	2 - ETIM Magaret (28 NOV 1992)	
			3 - EHIGIE Josephine (1 DEC 1985)	4 - ABUGAN Folashade (17 DEC 1990)	
	SLE	Sierra Leone	3		DNS
			1 - ()	2 - ()	
			3 - ()	4 - ()	

Qualified: First 3 in each heat (Q) and 2 best performers (q) advance to the Final