



Results

	Record	Splits			Name	NOC Code	Location	Date
WR	3:59.15	28.45 2:29.66	58.66 2:59.93	1:28.97 3:29.79	1:59.42 PELLEGRINI Federica	ITA	Rome (ITA)	26 JUL 2009
CG	4:07.68				HARDCASTLE Sarah	ENG	Edinburgh (GBR)	24 JUL 1986

Final

Event No. 35

Rank	Lane	Name	CGA	R.T.	Time	Time Behind			
1	3	ADLINGTON Rebecca	ENG	0.78	4:05.68	CG			
		50m (1) 28.84	100m (1) 59.52 30.68	150m (1) 1:30.56 31.04	200m (1) 2:01.67 31.11	250m (1) 2:32.90 31.23	300m (1) 3:04.45 31.55	350m (1) 3:35.66 31.21	30.02
2	6	PALMER Kylie Jayne	AUS	0.70	4:07.85	2.17			
		50m (5) 29.06	100m (4) 1:00.44 31.38	150m (6) 1:32.05 31.61	200m (5) 2:03.60 31.55	250m (6) 2:35.04 31.44	300m (5) 3:06.62 31.58	350m (3) 3:37.71 31.09	30.14
3	2	CARLIN Jazmin Roxy	WAL	0.78	4:08.22	2.54			
		50m (6) 29.28	100m (5) 1:00.51 31.23	150m (4) 1:31.89 31.38	200m (5) 2:03.60 31.71	250m (5) 2:35.02 31.42	300m (6) 3:06.66 31.64	350m (4) 3:37.90 31.24	30.32
4	8	BOCHMANN Anne	ENG	0.81	4:08.30	2.62			
		50m (3) 28.98	100m (2) 59.76 30.78	150m (2) 1:31.22 31.46	200m (2) 2:02.73 31.51	250m (2) 2:34.20 31.47	300m (2) 3:05.63 31.43	350m (2) 3:37.18 31.55	31.12
5	4	BOYLE Lauren Marie	NZL	0.84	4:09.45	3.77			
		50m (7) 29.35	100m (7) 1:00.66 31.31	150m (5) 1:31.99 31.33	200m (4) 2:03.46 31.47	250m (4) 2:34.87 31.41	300m (3) 3:06.53 31.66	350m (5) 3:38.12 31.59	31.33
6	7	JACKSON Joanne Amy	ENG	0.74	4:10.37	4.69			
		50m (2) 28.94	100m (3) 1:00.43 31.49	150m (3) 1:31.65 31.22	200m (3) 2:03.32 31.67	250m (3) 2:34.76 31.44	300m (4) 3:06.60 31.84	350m (6) 3:38.54 31.94	31.83
7	1	TROTT Wendy Anne	RSA	0.87	4:10.74	5.06			
		50m (4) 29.03	100m (6) 1:00.54 31.51	150m (8) 1:32.49 31.95	200m (8) 2:04.44 31.95	250m (8) 2:36.14 31.70	300m (8) 3:08.09 31.95	350m (7) 3:39.80 31.71	30.94
8	5	KOMARNYCKY Alexandra	CAN	0.80	4:11.57	5.89			
		50m (8) 29.58	100m (8) 1:00.83 31.25	150m (7) 1:32.38 31.55	200m (7) 2:04.25 31.87	250m (7) 2:35.89 31.64	300m (7) 3:07.85 31.96	350m (8) 3:39.93 32.08	31.64

Legend:

CG Reaction time