



RECORDS BROKEN As of 11 OCT 2010

MEN

Bodyweight Category	Record Result		Name	CGA Code	Date of Birth	Date	Record Type		
							WR	CR	CGR
56 kg	Snatch	116kg	IBRAHIM Amirul Hamizan	MAS	03 DEC 1981	4 OCT			+
Snatch records: 1									1
Records in 56 kg									1
69 kg	Snatch	142kg	KATULU Ravi Kumar	IND	24 APR 1988	6 OCT			+
69 kg	Snatch	146kg	KATULU Ravi Kumar	IND	24 APR 1988	6 OCT		+	+
Snatch records: 2								1	2
69 kg	Clean & Jerk	174kg	VIDANAGE Chinthana Geetal Vidanage	SRI	31 DEC 1981	6 OCT			+
69 kg	Clean & Jerk	175kg	KATULU Ravi Kumar	IND	24 APR 1988	6 OCT			+
Clean & Jerk records: 2									2
69 kg	Total	313kg	KATULU Ravi Kumar	IND	24 APR 1988	6 OCT			+
69 kg	Total	321kg	KATULU Ravi Kumar	IND	24 APR 1988	6 OCT			+
Total records: 2									2
Records in 69 kg								1	6
77 kg	Snatch	148kg	PETER Yukio	NRU	29 JAN 1984	7 OCT			+
Snatch records: 1									1
77 kg	Total	333kg	PETER Yukio	NRU	29 JAN 1984	7 OCT			+
Total records: 1									1
Records in 77 kg									2
+105 kg	Clean & Jerk	218kg	KOBALADZE George	CAN	24 MAY 1976	11 OCT			+
+105 kg	Clean & Jerk	221kg	KELLY Damon	AUS	01 DEC 1983	11 OCT			+
Clean & Jerk records: 2									2
+105 kg	Total	397kg	DETENAMO Itte	NRU	22 SEP 1986	11 OCT			+
Total records: 1									1
Records in +105 kg									3
Sum of records: 12								1	12

WOMEN

Bodyweight Category	Record Result		Name	CGA Code	Date of Birth	Date	Record Type		
							WR	CR	CGR
48 kg	Snatch	76kg	NWAOKOLO Augustina Nkem	NGR	12 DEC 1992	4 OCT			+
48 kg	Snatch	77kg	NWAOKOLO Augustina Nkem	NGR	12 DEC 1992	4 OCT			+
Snatch records: 2									2
48 kg	Clean & Jerk	95kg	ATOM Sandhya Rani Devi	IND	05 APR 1980	4 OCT			+
48 kg	Clean & Jerk	98kg	NWAOKOLO Augustina Nkem	NGR	12 DEC 1992	4 OCT			+
Clean & Jerk records: 2									2
48 kg	Total	171kg	NWAOKOLO Augustina Nkem	NGR	12 DEC 1992	4 OCT			+
48 kg	Total	175kg	NWAOKOLO Augustina Nkem	NGR	12 DEC 1992	4 OCT			+
Total records: 2									2
Records in 48 kg									6
58 kg	Snatch	88kg	YUMNAM Renu Bala Chanu	IND	02 OCT 1986	6 OCT			+
58 kg	Snatch	90kg	YUMNAM Renu Bala Chanu	IND	02 OCT 1986	6 OCT			+
Snatch records: 2									2
Records in 58 kg									2
69 kg	Snatch	101kg	GIRARD Christine	CAN	03 JAN 1985	8 OCT			+
69 kg	Snatch	105kg	GIRARD Christine	CAN	03 JAN 1985	8 OCT			+

RECORDS BROKEN As of 11 OCT 2010

Bodyweight Category	Record Result		Name	CGA Code	Date of Birth	Date	Record Type		
							WR	CR	CGR
Snatch records: 2									2
69 kg	Total	231kg	GIRARD Christine	CAN	03 JAN 1985	8 OCT			+
69 kg	Total	235kg	GIRARD Christine	CAN	03 JAN 1985	8 OCT			+
Total records: 2									2
Records in 69 kg									4
75 kg	Snatch	99kg	BEAUCHEMIN-NADEAU Marie-Eve	CAN	13 OCT 1988	9 OCT			+
75 kg	Snatch	100kg	ZAKARI Hadiza	NGR	10 SEP 1987	9 OCT			+
75 kg	Snatch	105kg	ZAKARI Hadiza	NGR	10 SEP 1987	9 OCT			+
75 kg	Snatch	110kg	ZAKARI Hadiza	NGR	10 SEP 1987	9 OCT			+
Snatch records: 4									4
75 kg	Clean & Jerk	126kg	BEAUCHEMIN-NADEAU Marie-Eve	CAN	13 OCT 1988	9 OCT			+
75 kg	Clean & Jerk	129kg	ZAKARI Hadiza	NGR	10 SEP 1987	9 OCT			+
Clean & Jerk records: 2									2
75 kg	Total	230kg	ZAKARI Hadiza	NGR	10 SEP 1987	9 OCT			+
75 kg	Total	235kg	ZAKARI Hadiza	NGR	10 SEP 1987	9 OCT			+
75 kg	Total	239kg	ZAKARI Hadiza	NGR	10 SEP 1987	9 OCT			+
Total records: 3									3
Records in 75 kg									9
+75 kg	Snatch	106kg	ACASON Deborah	AUS	20 JUN 1983	10 OCT			+
+75 kg	Snatch	110kg	ACASON Deborah	AUS	20 JUN 1983	10 OCT			+
+75 kg	Snatch	115kg	USMAN Maryam	NGR	09 NOV 1990	10 OCT			+
+75 kg	Snatch	120kg	OPELOGE Ele	SAM	11 JUL 1985	10 OCT			+
+75 kg	Snatch	125kg	OPELOGE Ele	SAM	11 JUL 1985	10 OCT			+
Snatch records: 5									5
+75 kg	Clean & Jerk	140kg	USMAN Maryam	NGR	09 NOV 1990	10 OCT			+
+75 kg	Clean & Jerk	150kg	OPELOGE Ele	SAM	11 JUL 1985	10 OCT			+
+75 kg	Clean & Jerk	160kg	OPELOGE Ele	SAM	11 JUL 1985	10 OCT		+	+
Clean & Jerk records: 3								1	3
+75 kg	Total	245kg	ACASON Deborah	AUS	20 JUN 1983	10 OCT			+
+75 kg	Total	255kg	USMAN Maryam	NGR	09 NOV 1990	10 OCT			+
+75 kg	Total	275kg	OPELOGE Ele	SAM	11 JUL 1985	10 OCT			+
+75 kg	Total	285kg	OPELOGE Ele	SAM	11 JUL 1985	10 OCT		+	+
Total records: 4								1	4
Records in +75 kg								2	12
Sum of records: 30								2	33

Legend:

CGR C'wealth games Records **CR** Commonwealth Record **WR** World Record