



MEDALLISTS BY BODYWEIGHT CATEGORY

As of 12 OCT 2010

Bodyweight Category	Date	Medal	Name	CGA Code
56kg Men	04 OCT 2010	Gold	IBRAHIM Amirul Hamizan	MAS
		Silver	DEY Sukhen	IND
		Bronze	VS Rao	IND
48kg Women	04 OCT 2010	Gold	NWAOKOLO Augustina Nkem	NGR
		Silver	CHANU NGANGBAM Soniya	IND
		Bronze	ATOM Sandhya Rani Devi	IND
62kg Men	05 OCT 2010	Gold	JUMITIH Aricco	MAS
		Silver	MAHAYUDIN Naharudin	MAS
		Bronze	KURUKULASOORIYAGE Anton Sudesh Peiris	SRI
53kg Women	05 OCT 2010	Gold	DOZOIS PREVOST Marilou	CAN
		Silver	AZIKE Onyeka	NGR
		Bronze	YUSOFF Raihan	MAS
69kg Men	06 OCT 2010	Gold	KATULU Ravi Kumar	IND
		Silver	VIDANAGE Chinthana Geetal Vidanage	SRI
		Bronze	MANSOR Mohd Hafifi	MAS
58kg Women	06 OCT 2010	Gold	YUMNAM Renu Bala Chanu	IND
		Silver	LEE Seen	AUS
		Bronze	SMITH Zoe	ENG
77kg Men	07 OCT 2010	Gold	PETER Yukio	NRU
		Silver	TURNER Ben	AUS
		Bronze	CHITRADURGA PADMA RAJU Sudhir Kumar	IND
63kg Women	07 OCT 2010	Gold	OKOLI Obioma Agatha	NGR
		Silver	BREEZE Michaela	WAL
		Bronze	FEGUE Marie Josephe	CMR
85kg Men	08 OCT 2010	Gold	RIBOUEM Simplicie	AUS
		Silver	PATTERSON Richard	NZL
		Bronze	MARINEAU Mathieu	CAN
69kg Women	08 OCT 2010	Gold	GIRARD Christine	CAN
		Silver	GEORGES Janet Marie	SEY
		Bronze	EBIREGUESELE Itohan	NGR
94kg Men	09 OCT 2010	Gold	FAAULIULI Faavae	SAM
		Silver	KIRKBRIDE Peter	SCO
		Bronze	ULOKO Benedict	NGR
75kg Women	09 OCT 2010	Gold	ZAKARI Hadiza	NGR
		Silver	BEAUCHEMIN-NADEAU Marie-Eve	CAN
		Bronze	DEVI Laishram Monika	IND
105kg Men	10 OCT 2010	Gold	OPELOGE Niusila	SAM
		Silver	CHALAEV Stanislav	NZL
		Bronze	ONAGHINOR Curtis	NGR
75+kg Women	10 OCT 2010	Gold	OPELOGE Ele	SAM
		Silver	USMAN Maryam	NGR
		Bronze	ACASON Deborah	AUS
105+kg Men	11 OCT 2010	Gold	KELLY Damon	AUS
		Silver	DETENAMO Itte	NRU
		Bronze	KOBALADZE George	CAN



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Bench Press Open Men	12 OCT 2010	Gold	ADESOKAN Yakunu Olaide	NGR
		Silver	ULONNAM Anthony Azunna	NGR
		Bronze	OBICHUKWU Ikechukwu	NGR
Bench Press Open Women	12 OCT 2010	Gold	OYEMA Esther Osa	NGR
		Silver	ONAOAPO Ganiyatu Joy	NGR
		Bronze	ARASOMWAN Osamwenyobor	NGR